

Fellow South Carolina physicians I am seeking your vote to serve in the At-Large Seat for our medical board. I am a native South Carolinian and come from five generations of physicians in this state. I have been a physician for nearly forty years practicing in the medical specialty of Psychiatry and further hold subspecialty certifications in Addiction, Forensics and Geriatric Psychiatry. Additionally, I hold a second Doctorate in Healthcare Administration. My education and training give me a unique perspective on how healthcare works and how the regulatory process requires a reasoned and rational approach in making policy decisions. My life experience as a physician includes serving in various clinical leadership roles within the S. C. Department of Mental Health, service as an Army Reserve Medical Officer as well as being Chief of the Mental Health Service at W.J.B. Dorn VA Medical Center, Columbia, SC. For the last decade, I have worked in medical education at VCOM-Carolinas in Spartanburg, SC serving as a professor and Department Chair of Psychiatry and Neuro Behavioral Sciences. I also served at VCOM-Carolinas as the Associate Dean for Clinical Affairs, Post Graduate Affairs and College Advancement.

As a volunteer, I have served in leadership roles in both professional and community organizations on a local, state and national level. This volunteer service includes: served two terms as a member of the Board of Directors for Senior Services (Council on Aging) for the Midlands, being an examiner for the American Board of Psychiatry and Neurology, being appointed by the SC Governor to serve as a member of the SC Alzheimer's Resource Coordination Center, serving two terms as an At-Large Member of SC Medical Disciplinary Commission, appointed as a representative of the SC Department of Mental Health to be a member of the SC General Assemblies Purple Ribbon Task Force ("Conquering the Spectrum of Alzheimer's Disease in SC"), serving on the Editorial Board for the PIPE (Psychiatrist in Practice Examination) for the American College of Psychiatry, being appointed to serve on the SC Medical Associations Ethics Committee, member of the Executive Board of the Palmetto Council for Boy Scouts of America in Spartanburg, SC and member of the Executive Board for the Spartanburg Chapter of the National Alliance on Mental Illness.

Personally, I believe that being a physician is a true life "calling" to serve our fellow man and society as a whole. To earn the public trust, a physician must hold his or herself to the highest professional and ethical standards. In addition to having sound clinical practice skills, a physician in today's world must have an acute understanding of the multidimensional business side of healthcare and a willingness to work cooperatively with other healthcare professionals. The practice of medicine requires one to dedicate their precious time, resources, and actual delivery of healthcare in a fair and effective manner using faculties of competence and compassion in its application. If elected, I will serve my fellow South Carolina physicians with honesty, fairness, hard work, common sense, accessibility, and a true commitment to this task as the At-Large Member of the S. C. Medical Board.

Paul Kent Switzer III, MD, DHA

**NAME:** Switzer, Paul Kent III

**POSITION TITLE:** Professor and Discipline Chair of Psychiatry and Neuro-Behavioral Sciences, Edward Via College of Osteopathic Medicine – Carolinas Campus

**EDUCATION/TRAINING**

<b>INSTITUTION AND LOCATION</b>	<b>Degree</b>	<b>Completion Date</b>	<b>Field of Study</b>
Wofford College, Spartanburg, SC	B. A.	05/1977	History
USC – Spartanburg, Spartanburg, SC	B. S.	05/1979	Biology
St. George University School of Medicine	M. D.	05/1983	Medicine
UAB, Birmingham, AL	Postgraduate Training	06/1987	Psychiatry- Internship, Residency, Fellowship
MUSC, Charleston, SC	D. H. A.	08/1999	Health Administration

**Licenses:**

Licensed to practice medicine in:

South Carolina (#13927); July 22, 1988 - June 30, 2022

North Carolina (#30965); January 24, 1987 - August 30, 2022

Georgia (#028324); February 6, 1986 - August 31, 2023

Alabama (#11946); March 27, 1985 - December 31, 2022

**ABMS Board Certifications**

The American Board of Psychiatry and Neurology in:

Specialty of Psychiatry (#328911); June 1990 – Indefinite

Subspecialty of Geriatric Psychiatry (#32894); April, 1991 – Present

Subspecialty of Forensic Psychiatry (#240); October, 1994 through Present

Subspecialty of Addiction Psychiatry (#1307); April, 1997 through Present

**Non ABMS Certifications:**

American Board of Medical Psychotherapists (#1761-1990); 1090- Indefinite

American Board of Disability Analysts (#6781-01); 2001 – Indefinite

Medical Review Officer (#21-83719); Nov. 2021 – Nov. 2026

**A. Personal Statement**

I am a South Carolina native who currently resides in Spartanburg, South Carolina with my wife and three children. I have an undergraduate bachelor's degrees from both Wofford College and the University of South Carolina at Spartanburg. I received my Doctor of Medicine degree from St. George's School of Medicine and completed my internship, residency and fellowship at the University of Alabama School of Medicine in Birmingham. I am board certified in the specialty of Psychiatry, as well as the subspecialties of Geriatric Psychiatry, Forensic Psychiatry, and Addiction Psychiatry. I hold a second doctorate degree in Health Administration from the Medical University of South Carolina. I have worked in both academic and public sector leadership positions, giving me extensive experience in covering a wide range of clinical health care services. I am currently a professor and the Chair of Psychiatry and Neuro-Behavioral Science at the Edward Via College of Osteopathic Medicine – Carolina's Campus in Spartanburg and was formerly the Associate Dean for Post Graduate Affairs, Clinical Affairs, and College Advancement at the same institution. Prior to this, I was the Chief of the Mental Health Care Service at the Wm. Jennings Bryan Dorn Veteran's Administration Medical Center in Columbia, South Carolina.

Before this I was with the South Carolina Department of Mental Health where I served in a variety of clinical leadership positions. After completing postgraduate training at the University of Alabama-Birmingham, I remained at this institution as clinical teaching faculty. Presently, I serve on the faculty of Edward Via College of Osteopathic Medicine. Previous to this, I served on the clinical faculties of the University of Alabama School of Medicine and the University of South Carolina School of Medicine. I am a Professor of Psychiatry and Neuro-Behavioral Science at the Edward Via College of Osteopathic Medicine. I have a number of academic publications and am actively involved in medical education and training. I served in the United States Army Reserves as a medical officer and was honorably discharged at the rank of Major. I am a Fellow of the American College of Psychiatry and am a distinguished Fellow of the American Psychiatric Association. I have been an examiner for the American Board of Psychiatry and Neurology and served on the South Carolina Medical Disciplinary Commission as well the Advisory Council for the South Carolina Alzheimer's Resource Coordination Center. I currently serve on the PIPE Editorial Board for the American College of Psychiatry and am a member of the Executive Board for the Spartanburg Chapter of the National Alliance on Mental Illness. Recently, I was appointed to the Ethics Committee for the South Carolina Medical Association. Additionally, I serve on the Executive Board of the Palmetto Council for the Boy Scouts of America.

#### **B. Employment Positions**

July 1, 1987 – December 31, 1990: Assistant Professor of Psychiatry, The University of Alabama School of Medicine; Birmingham, Alabama

February 1, 1991 - April 10, 2011: South Carolina Department of Mental Health, served in multiple clinical leadership positions throughout the agency

April 11, 2011 – June 1, 2012: Chief of Mental Health Care Service at the Wm. Jennings Bryan Dorn Veteran's Administration Medical Center in Columbia, South Carolina

June 1, 2012 – June 30, 2016: Associate Dean of Clinical Affairs, Edward Via College of Osteopathic Medicine; Spartanburg, South Carolina

July 1, 2016 – July 1, 2018: Associate Dean of Postgraduate Affairs of VCOM-C

July 1, 2018 – June 30, 2020: Associate Dean of College Advancement of VCOM- Carolinas

June 1, 2012 – Present: Discipline Chair of Psychiatry and Neuro Behavioral Sciences of VCOM-Carolinas Campus

#### **C. Military Experience:**

Medical Officer, U.S. Army Reserves; November 3, 1993 – December 6, 2001; Honorable Discharge at rank of Major

#### **D. Current Professional Memberships**

American Psychiatric Association (#44136); April 1, 1990 through Present  
Elevated to Distinguished Fellow; January 2003

American College of Psychiatry (#1834); February 27, 2004 through Present  
Elevated to Fellow status; February 2021

South Carolina Psychiatric Association; 1991 through present

Spartanburg Medical Society; 2012 through present

South Carolina Medical Association; 2012 through present

American Osteopathic Association; 2012 through present

#### **E. Professional Service Activities:**

Member of the South Carolina Medical Association Ethics Committee; August 13, 2019 – Present

Member of the Editorial Board for the PIPE (Psychiatrist in Practice Examination) Board; American College of Psychiatry; August 11, 2014 - Present

Member of The South Carolina General Assembly's Purple Ribbon Task Force, "Conquering the Specter of Alzheimer's Disease in South Carolina", representing the South Carolina Department of Mental Health; June 3, 2008 - March 1, 2009

Member of the South Carolina Medical Disciplinary Commission (Served two terms at large; October 29, 2002 - September 30, 2008).

Member of the South Carolina Alzheimer's Resource Coordination Center (ARCC) Advisory Council; appointed by South Carolina Governor June 6, 2007 – April 10, 2011.

Examiner for the American Board of Psychiatry and Neurology (Oral examinations held September, 2002 - Baltimore, Maryland and June, 2004 - New Orleans, Louisiana).

#### **F. Community Service Activities:**

Member of the Executive Board; National Alliance on Mental Illness; Spartanburg, South Carolina; January 2019 - Present

Member of the Executive Board; Palmetto Council; Boy Scouts of America; Spartanburg, South Carolina; February 2017 - Present

Council Member, Troop 1; Palmetto Council; Boy Scouts of America; Spartanburg, South Carolina; January 2013 – Present

Member of the Board of Trustees; Christ School; Arden, North Carolina; served two terms May, 2000 - May, 2006 and was elected Secretary of this Board.

Member of the Board of Directors; Senior Services (Council on Aging) for the Midlands; Columbia, South Carolina; served two terms January, 1994 - December, 1999

#### **G. Honors:**

Awarded The George Dean Johnson Leadership Award; Troop 1, Boy Scouts of America; February 4, 2018

Awarded The Distinguished Alumnus Award; Christ School; Arden, North Carolina; May 5, 2007

Member of the American Psychiatric Association (#44136) April 1, 1990, elected Fellow December 1, 2001, elevated to Distinguished Fellow January 1, 2003.

Elected as member of the American College of Psychiatry (#1834); February 27, 2004, Elevated to Fellow February 18, 2021

The Honor Society, College of Health Professions, Medical University of South Carolina; May 20, 1999

#### **H. Published Papers:**

Hugh Y. McClusky, M.A., Jesse B. Milby, Ph.D., Paul K. Switzer, M.D., Valerie Williams, M.A., and Virgil Wooten, M.D.: Efficacy of Behavioral vs. Triazolam Treatment in Persistent Sleep Onset Insomnia American Journal of Psychiatry, January, 1991.

J. Wesley Libb, Srdjan Stankovic, Arthur Freeman, Roberta Sokol, Paul Switzer, and Carl Houck: Personality Disorders Among Depressed Outpatients as Identified by the MCMI. Journal of Clinical Psychology, May, 1990, Vol. 46, No. 3

J. Wesley Libb, Srdjan Stankovic, Roberta Sokol, Arthur Freeman, Carl Houck, and Paul Switzer: Stability of the MCMI Among Depressed Psychiatric Outpatients. Journal of Personality Assessment, 1990, 55 (1&2), 209-218

Fe' A. Cardona, M.D., MPH and Paul K. Switzer, III, M.D.: A Habilitation Center for Individuals with Dual Diagnosis of Mental Retardation and Mental Illness. The Journal of the South Carolina Medical Association,

July, 1995. Fe' A. Cardona, M.D., MPH and Paul K. Switzer, III, M.D.: The KIVA Project. The Journal of the South Carolina Medical Association, May, 1996.

Paul K. Switzer, Benjamin Griffeth, Srdjan R. Stankovic, J. Wesley Libb, Arthur M. Freeman, III, Carl A. Houck, and Roberta S. Sokol: The Relationship Between Personality and Drug or Placebo Response in Depressed Outpatients. The Psychiatric Forum, Winter, 1998, Vol. 16, No. 2.

Tony A. Gore, M.D., Charles W. Greene, Jr., Joseph J. Zealburg, M.D., Paul K. Switzer, M.D. and C. Edgar Spencer M.Ed., MSW: Continuing Medical Education Implementation for the South Carolina Department of Mental Health. The Psychiatric Forum, Winter, 1998, Vol. 16, No. 2.

Paul K. Switzer, III, M.D. and Fé A. Cardona, M.D., MPH: Geriatric Mental Illness in a State Psychiatric Facility. The Journal of the South Carolina Medical Association, December, 2000.

Paul K. Switzer, III, M.D., Stankovic, Srdjan R., M.D., Freeman, Arthur M III, M.D., Libb, J. Wesley, Ph.D., Houck, Carl, M.D., and May, Roberta S., M.A.: Personality Disorders in Melancholia. The Journal of the South Carolina Medical Association, February, 2003.

Paul K. Switzer, III, M.D., Srdjan R. Stankovic, J. Wesley Libb, Arthur M. Freeman, III, Carl A. Houck, and Roberta S. May: The Influence of Melancholia on Personality Assessment. The Journal of the South Carolina Medical Association, February, 2003.

Paul Kent Switzer, III, M.D., D.H.A.; Trey Causey, M.D.; Walter J. Jones, Ph.D.; James A. Johnson, Ph.D.; Stephen P. Williams, J.D.; Yung Kim, Ph.D., DrPH; Joseph E. Schumacher, Ph.D.: The Effects That Medical Malpractice Concerns Have on the Practice of Psychiatry in South Carolina. The Journal of the South Carolina Medical Association, February 2005.

Paul K. Switzer III, M.D., D.H.A.: The Link Between Medical Malpractice and Poor Physician-Patient Communication: An Issue for Quality Improvement. Advances in Medical Psychotherapy & Psychodiagnosis, Volume 13, 2012 – 2013 p. 81-92

David Jaynes, PhD; Paul K. Switzer, III, M.D., D.H.A: Nighttime Blue Light Exposure and Breast Cancer. Osteopathic Family Physician, Jan/Feb 2021

JuliSu DiMucci-Ward, PhD, MPH, RDN, CDE, LD and Paul K. Switzer III MD, DHA, DFAPA, FACPsch: Nutrition for mental and physical health: clinical pearls to assist your patients reach their optimal health. The Medical Psychotherapist, Vol. 37 Issue 1, Spring 2022-2023

JuliSu DiMucci-Ward, PhD, MPH, RDN, CDE, LD and Paul K. Switzer III MD, DHA, DFAPA, FACPsch: Atypical Antipsychotics Metabolic Adverse Effects: Nutrition and Lifestyle Strategies to Add to the Treatment Plan. The Medical Psychotherapist, Vol. 37 Issue 1, Spring 2022-2023

Paul K. Switzer III MD, DHA, DFAPA, FACPsch, JuliSu DiMucci-Ward, PhD, MPH, RDN, CDCES, LD, and Jeremiah Grimes, OMS III Medical Student, Edward Via College of Osteopathic Medicine: Principles of Involuntary Commitment. The Medical Psychotherapist, Vol. 37 Issue 1, Spring 2022-2023

#### **I. PUBLISHED DOCTORAL PROJECT:**

Paul K. Switzer, III, M.D., D.H.A., The Effects that Medical Malpractice Concerns have on the Practice of Psychiatry In South Carolina. Medical University of South Carolina, Charleston, South Carolina. August, 1999.

**J. PUBLISHED ABSTRACTS:**

Dahl, D.C., M.D., and Tieszen, S.C., M.D.; Zhang, G., M.D.; Stankovic, S., M.D.; Edge, M.T., B.S.; Houck, C., M.D.; Switzer, P.K., M.D.; Sokol, R.S., M.A.; Bradley, R.J., Ph.D.; and Freeman, A.M. III, M.D.: (Abstract) Effect of Venlafaxine Treatment on Tritated Imipramine Binding in Platelets of Depressed Outpatients. Southern Association for Research in Psychiatry (SARP) Annual Meeting, Charleston, South Carolina, March, 1988.

**K. PUBLISHED GOVERNMENT REPORT:**

Tony Kester, Carol B. Cornman, Tim Barresi, Michael D. Byrd, Gilda Cobb-Hunter, Fran Emerson, Mike Fair, Warachal Faison, Carlos Gibbons, Harry Hallman, Brenda L. Hyleman, Shawn V. Keith, Marilynn Koerber, Patsy R. Lightle, Pierce McNair, Scott Middleton, Lois Park Mole, Brad Moorhouse, Bunny R. Runge, Paul Kent Switzer, III, Edgar Weiss and Barbara Wright: Conquering the Specter of Alzheimer's Disease in South Carolina. The Purple Ribbon Alzheimer's Task Force (created by concurrent resolution 5.1333 adopted by the South Carolina General Assembly), March 1, 2009.

**L. POSTER PRESENTATIONS:**

Meal, C.; Cato, C.; Srinivasan, S.; Batkus, M.C.; Mirza, R.; Switzer, P.K.; Magill, J. Valproic Acid-Induced Thrombocytopenia in Long-Term Care Elderly: Prevalence and Risk Factors. Poster Presentation. 2009 American Association for Geriatric Psychiatry Annual Meeting.

Rudd, K.; Baxley, M.; Srinivasan, S.; Bouknight, J.; Neal, C.; Switzer, P.; Prier, R.; Magill, J.; and Harding, R. Weight Gain and Use of Atypical Antipsychotics in Long-Term Care Elderly: A Retrospective Chart Review. Poster Presentation 2008 American Association for Geriatric Psychiatry Meeting and American Psychiatric Association Meeting.

Caston, C.; Srivastava, D.; Gallagher, J.; Switzer, P.; Kofos, M.; Berry, D.; Hall, J.; Gallagher, N.; Todd, J.; DiMucci-Ward, J. Red Wine, Chocolate, Cheese, Beer, and More: Potentially Fatal Combinations (Case Reports of Monoamine Oxidase Deficiency). Poster Presentation. 2021 Edward Via College of Osteopathic Medicine – Carolinas Campus Research Day

**M. GRANT EXPERIENCE:**

Served as a consultant psychiatrist on a funded grant by the National Institute of Mental Health initially entitled "Cause and Effect of Inpatient Psychiatric Facility Closure", which was later re-titled "The Precursors and Impacts of Psychiatric Facility Closure" with Richard C. Lindrooth, Ph.D., who, at the time, was at the Medical University of South Carolina as the Principle Investigator. The project dates were December 15, 2006 through November 30, 2009 and was Federal Award #R01MH074151.

**O. PUBLICATIONS in Progress:**

J. Christopher Caston, M.D., Devin B. Srivastava, B.A., John Gallagher, M.D., Paul K. Switzer, M.D., Monthe N. Kofos, D.O., David Berry, M.D., James Hall, M.D. Natalie Gallagher, D.O., James Todd, D.O.: Tyramine Induced Hypertensive Surges, Severe Chest Pain, tachycardia, Psychosis, Headaches, and Severe Vertigo in Patients with MAO-A and MAO-B Polymorphisms with and without Hypernorepinephrinemia: Case Reports